



## Pre-fried Frozen Falafel (Chickpeas )

Unifood Pre-fried Frozen Falafel offers the authentic taste of traditional Egyptian falafel with a rich flavor, crispy texture, and distinctive homemade character. Free from artificial colors, flavors, and preservatives, it is a 100% plant-based product, ideal for quick and convenient preparation while maintaining high quality and consistent taste.

### Product Information

Brand	UniFood
SKU	
Pack Size	1 kg
Net Wt	10 kg 10 * 1 kg
Gross Wt	10.6 kg
Climate	Halal
	Kosher

### Shipping Information





dimention	100 *120 cm
Slip Sheets:	No
Corner Posts:	No
Stretch Wrap:	yes

Thickness \* Diameter 15mm \*50mm  
Nutration Facts

Nutrition Facts	
Serving Size: 51 g (about 3 pieces)	
Servings Per Container: about 20	
Amount Per Serving	
<b>Calories</b>	<b>90</b>
	% Daily Value*
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	—
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 450mg	<b>20%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 1g	—
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	—
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 30mg	<b>2%</b>
<b>Iron</b> 0.5mg	<b>2%</b>
<b>Potassium</b> 30mg	<b>0%</b>

\* Percent Daily Values are based on a 2,000 calorie diet.

### cokking instruction

	Time	Temp	Method
	3 - 4 min	(175°-180°C)	(680g) Fill basket 1/2 full.
	24- 28 min	pre heat 220°C	Spread the frozen product in a single layer on a flat baking sheet. Cooking times may vary depending on your oven.Turn product halfway through baking time.ull. Cook until tender and cooked through.
	12 - 14 min	pre heat 220°C	Spread the frozen product in a single layer on a flat baking sheet. Cooking times may vary depending on your oven.Turn product halfway through baking time.ull. Cook until tender and cooked through.
	14 - 16 min	pre heat 200°C	Fill basket 1/2 full.Turn product halfway through baking time.ull.

### Ingredients:

Chickpeas, onion, leek, garlic, parsley, coriander, salt, baking soda (E500), stabilizer (E464), black pepper, cumin, and coriander seeds.

### Storage conditions and shelf life:

#### Storage conditions

The product shall be handled in such a way as to maintain the quality during transportation, storage, and distribution. The handling and storage should be in accordance with the regulations and codes of practice referred to in this specification. The product shall not be stored with goods that may cause contamination. store at -18° C or blew.

#### Shelf life

6 months from the date of production

#### For food safety, quality, and thorough cooking, please follow the instructions below.

Keep frozen until ready to prepare.

Product is not ready to eat until fully cooked to an internal temperature of 165°F (74°C).