



## IQF FROZEN GREEN PEAS

Harvested at peak freshness and individually quick frozen to preserve their natural sweetness, Unifood IQF Frozen Green Peas deliver vibrant color, tender texture, and rich flavor in every serving. Thanks to advanced IQF technology, the peas remain separate and easy to portion while maintaining their natural quality after cooking.

Convenient and ready to cook, Unifood Green Peas are perfect for a wide variety of dishes including soups, rice dishes, vegetable mixes, and traditional meals. Their consistent quality and natural taste make them an ideal ingredient for both home kitchens and professional food service.



### Nutration Facts

Nutrition Facts	
Serving size 100g	
Amount Per Serving	
<b>Calories</b>	<b>65</b>
	% Daily Value*
Total Fat 0.09g	0%
Total Carbohydrate 9.8g	4%
Dietary Fiber 5.1g	
Total Sugars 3.5g	
Protein 0.6g	1%
Sodium 3mg	0%
Calcium 23mg	2%
Iron 1.8mg	10%
Vitamin A 540 IU	11%
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\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients:

100% Green Peas

<https://unifood.com.eg/>  
<https://horecamrkt.com/>

### Product Information

Brand	UniFood
SKU	
Pack Size	400 g
Net Wt	8 kg 20*400 g
Gross Wt	8.4 kg

### Shipping Information

dimention	100 *120 cm
Ti * Hi	10*10
Slip Sheets:	yes
Corner Posts:	yes
Stretch Wrap:	yes

### Climate

- Individually Quick Frozen (IQF)
- Selected from premium farms
- Natural taste and color retention
- No preservatives
- Easy to cook
- Consistent quality and size

### Cooking instruction

Cook directly from frozen – no thawing required.

Unifood Frozen Green Peas can be cooked directly from its frozen state and used the same way as fresh vegetables

### Storage conditions and shelf life:

#### Storage conditions

The product shall be handled in such a way as to maintain the quality during transportation, storage, and distribution. The handling and storage should be in accordance with the regulations and codes of practice referred to in this specification. The product shall not be stored with goods that may cause contamination. store at -18° C or blew.

#### Shelf life

540 days from the date of production

**For food safety, quality, and thorough cooking, please follow the instructions below.**

Keep frozen until ready to prepare.

Product is not ready to eat until fully cooked to an internal temperature of 165°F (74°C).